

YE OLDE PAMPHLET STITCH

ORAY, SO I FORGOT THE 'T'...



1 fold together a number of sheets to make pads, which combine into sections

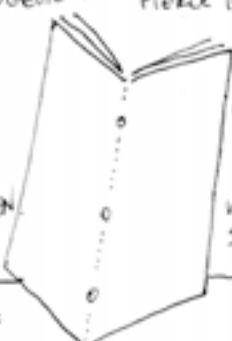


2 PIERCE THREE HOLES IN THE SECTION:

TOP AND BOTTOM ONES AT THE SAME DISTANCES FROM THE HEAD AND TAIL ENDS, AND THE MIDDLE ONE HALFWAY BETWEEN

IF YOU'VE MADE THE SECTION WITH A FEW THIN SHEETS YOU CAN PIERCE ALL THE FOLDS TOGETHER

[YOU CAN ADD A COVER IN A CARD STOCK, TOO. YOU MIGHT WANT TO PIERCE THAT SEPARATELY.]



OKAY. NOW YOU'VE GOT A SECTION WITH 3 SEWING STATIONS.

START SEWING ON THE INSIDE OF THE SECTION (THIS MEANS THE KNOT YOU FINALLY MAKE WILL BE ON THE INSIDE IT WILL BE ON THE OUTSIDE IF YOU START THERE. MAKES NO DIFFERENCE UNLESS YOU HAVE A SPECIAL REASON FOR WANTING TAG THREAD TO BE INSIDE AND ON THE OUTSIDE.)

3



GO INTO THE MIDDLE HOLE, EXITING ON THE OUTSIDE OF THE SECTION. LEAVE A BIT OF THREAD (5cm) ON THE INSIDE, SO YOU'LL HAVE ENOUGH TO TIE OFF.



4 NOW GO TO THE TOP STATION. GO THROUGH, BACK TO THE INSIDE.



5 NOW, GO ALL THE WAY DOWN TO THE BOTTOM STATION. GO THROUGH, TO THE OUTSIDE AND TAKE A SECOND TO TIGHTEN YOUR STITCHES.



6 GO BACK INTO THE SECTION THROUGH THE CENTRE HOLE.



7 AS YOU COME BACK THROUGH, MAKE SURE THAT THE TRAILING THREAD FROM YOUR VERY FIRST STITCH LIES ON THE OPPOSITE SIDE OF THE 'LONG STITCH' TO THE SIDE YOU'RE NOW ON. NOW TIGHTEN YOUR STITCHES AND TIE A KNOT. JOB DONE!